

Year 7 Long Term Plan 2023 / 24

PDS

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
Cycle 1	04.09.2023	11.09.2023	18.09.2023	25.09.2023	02.10.2023	09.10.2023	16.10.2023	06.11.2023	13.11.2023	20.11.2023	27.11.2023	4.12.2023	11.12.2023
	Induction Seminar	Lecture	Seminar	Lecture	Seminar	Lecture	Seminar	Lecture	Seminar	Lecture	Seminar	Lecture	Seminar
	Rights + duties in PDS seminars	What is diversity? Intro to anti-discrimination laws	Diversity + anti-discrimination	Challenging stereotypes: migrants	Challenging stereotypes: migrants	Challenging stereotypes: disabilities	Challenging stereotypes: disabilities	Challenging stereotypes: disabilities	First aid basics	First aid basics: recovery position	Healthy lifestyles: sleep	Healthy lifestyles: sleep	Changes during puberty
Cycle 2	01.01.2024	08.01.2024	15.01.2024	22.01.2024	29.01.2024	05.02.2024	12.02.2024	26.02.2024	04.03.2024	11.03.2024	18.03.2024	25.03.2024	15.04.2024
	Lecture	Seminar	Lecture	Seminar	Lecture	Seminar	Lecture	Seminar	Lecture	Seminar	Lecture	Seminar	Lecture
	FGM	Online safety – digital tattoo, stranger danger	Online safety	Alcohol – impact, choices, responsible drinking	Alcohol	Vaping, smoking, shisha	Vaping, smoking, shisha	Relationship types, family types, legal rights of marriage	Relationship types and legal rights of marriage	Menstruation and menstrual wellbeing (mixed gender lesson)	Menstruation – separated genders for seminar	Safe touch and boundaries	Safe touch and boundaries
Cycle 3	22.04.2024	29.04.2024	06.05.2024	13.05.2024	20.05.2024	03.06.2024	10.06.2024	17.06.2024	24.06.2024	01.07.2024	08.07.2024	15.07.2024	22.07.2024
	Hybrid	Hybrid	Hybrid	Hybrid	Hybrid	Hybrid	Hybrid	Hybrid	Hybrid	Hybrid	Hybrid	Hybrid	N/A
	Dismantling career stereotypes	<i>What does success mean to me?</i>	Setting long and short-term goals	Employability skills and how to gain	Career types: skilled, creative etc.	Criteria when choosing a career: <i>panjango trumps</i>	Citizenship: animal welfare	Citizenship: fairtrade	Citizenship: environment and sustainability	Citizenship: sustainability cont.	Citizenship: democracy: history of suffrage	Citizenship: democracy – what makes a democracy?	N/A